

NEWS RELEASE

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<https://virginiaeggcouncil.org/events.cfm>
State Fair of Virginia ~ www.StateFairVa.org

My Mom's Best Recipe *Using Eggs* Contest at the County Fair

That's right – this year's Virginia Egg Council recipe contest, held at local fairs all over Virginia is right around the corner. And it is all about honoring our mothers – particularly those who have passed on or we haven't seen much of due to the pandemic. We all have fond memories of our mothers fixing foods we loved – especially for special events and birthdays. This is the perfect time to recognize her by submitting one of your favorites from your mother's collection. Tell us her name. Tell us something about her. And tell us why you selected this recipe to celebrate her honor or memory. If cooking wasn't your mother's thing, you may substitute your Grandmother's Best Recipe. Recipes can be for anything that uses a *minimum of four eggs* in the recipe. Check out details on our website, www.virginiaeggcouncil.org under events.

Contestants are encouraged to give us a bit of history about the recipe – like where it came from, when it was served and how the family enjoyed it. This contest should be most interesting since the possibilities are endless. We are expecting Virginia's clever cooks to come up with some special creations and fun stories about Mom...after a year like we've just been through – we need it!

Interested contestants – contact your local county fair for details

Recipe Requirements

- The recipe must include a *minimum* of four eggs.
- Desserts, Main Dishes, Appetizers, Breakfast Casseroles – the sky's the limit!
- Ingredients must be listed in the order of use.
- Directions, cooking time & temp., pan type and size, and servings must be included, and adapted for today's cook, if needed.
- Include recipes for toppings, frostings or fillings used.
- Recipes will become the property of the Virginia Egg Council.
- Recipes will be prepared and presented for judging at local county fairs. **

Prizes at Local Fair Level

1st, 2nd and 3rd place winners will receive gifts from the VA Egg Council and a chance to compete for top state honors at the State Fair of Virginia on October 2, 2021.

Prizes at State Level

- 1st - \$350 plus a year's supply of Eggland's Best eggs*
- 2nd - \$275 plus 6 months' supply of Eggland's Best eggs*
- 3rd - \$200 plus 6 months' supply of Eggland's Best eggs*

*Braswell Family Farms, local supplier of Eggland's Best eggs, Nashville, NC

**No Competition at your Local Fair? You may compete at another county fair if their residency requirements allow it. Participant may place in one contest, one time.



Sponsored by the Virginia Egg Council